

Course Syllabus

Course Title	Low Level Access
Duration	1/2 day
Who will benefit from this course	Personnel who work from prefabricated units with a maximum platform height no greater than 2.5m
Learning Objectives	How to safely assemble, dismantle and relocate low level access units without risk of personal injury to the delegate or others
Method	Instruction both in theory and practical sessions
Assessment	Theory and practical assessments with a pass mark of 80% in both
Personal Protective Equipment	Suitable head / foot protection and gloves during the practical session
Course content	Current Legislation, Regulations and Guidance affecting work at height with low level access units, PASMA Code of Practice, BS 8620, assembling, altering and dismantling low level access units incorporating current best practice for fall protection, inspection of completed low level access units and completion of Tower Inspection Records; hazards affecting the use of low level access units
Instructor delegate ratio	Maximum of 1 Instructor : 12 Delegates
Venue requirements	A suitable classroom to accommodate 12 delegates for the theory session and an indoor area suitable for a practical session
Supporting Documents	Course notes booklet and the current Code of Practice will be issued to all delegates who attend the course. These may be electronic/digital copies
Award	A PASMA PhotoCard will be issued to successful delegates who complete both theory, and practical assessment sessions at the level they attend. Certificates if required, can be requested. The PhotoCard will state the expiry date
Literacy, Fitness & Health Statement	<p>Since the safe use of mobile access towers requires that you consult safety notices and read and thoroughly understand the manufacturer's instruction manual, literacy and language comprehension are important requirements for any tower user.</p> <p>Similarly, since the assembly and use of mobile access towers can be physically demanding, users should be physically fit and in good health, and should generally, not have problems with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights, vertigo, giddiness, difficulty with balance, impaired limb function, alcohol or drug dependence, including prescribed drugs or psychiatric illness</p> <p>You should also consider how the effects of extremes of temperature – heat and cold; lack of nutrition – fasting; and lack of water – dehydration, can impair your ability to work effectively</p> <p>If you have any problems with literacy or language comprehension, are pregnant, or have any doubts about your fitness to use mobile access towers, you must bring them to the attention of your employer. This need not preclude you from using mobile access towers, provided your employer conducts an assessment and is able to put into place adequate measures to take account of any difficulties you may have</p>
Qualifications & Experience	No formal qualifications or experience are necessary, but it would be beneficial if delegates had a basic understanding of work at height issues